

#WEARE

Long Term PSHE Plan

	Autumn	Spring	Summer
Early Years*	*See Progression Document for detail		
	Relationships	Living in the wider world	Health and well-being
Year 1	Families and friendships Safe relationships Respecting ourselves and others	Belonging to a community Media literacy and digital resilience Money and work	Physical health and mental well-being Growing and changing Keeping safe
Year 2	Families and friendships Safe relationships Respecting ourselves and others	Belonging to a community Media literacy and digital resilience Money and work	Physical health and mental well-being Growing and changing Keeping safe
Year 3	Families and friendships Safe relationships Respecting ourselves and others	Belonging to a community Media literacy and digital resilience Money and work	Physical health and mental well-being Growing and changing Keeping safe
Year 4	Families and friendships Safe relationships Respecting ourselves and others	Belonging to a community Media literacy and digital resilience Money and work	Physical health and mental well-being Growing and changing Keeping safe
Year 5	Families and friendships Safe relationships Respecting ourselves and others	Belonging to a community Media literacy and digital resilience Money and work	Physical health and mental well-being Growing and changing Keeping safe
Year 6	Families and friendships Safe relationships Respecting ourselves and others	Belonging to a community Media literacy and digital resilience Money and work	Physical health and mental well-being Growing and changing Keeping safe