
#WEAREACTIVE

Our high-quality PESSPA offer at New Silksworth Academy provides children with a strong foundation to be able to develop holistically, allowing them to lead a full and healthy life. Children at New Silksworth develop their wide range of skills in PE, particularly the core values of our school; allowing them to be: Collaborative, Compassionate, Resilient, Creative, Inspiring, Ambitious and Curious.

Our PE curriculum provide a wide range of exciting and engaging experiences that allows every child to develop holistically. By providing a diverse and engaging curriculum, it develops competence in our children to excel in a broad range of physical activities in a safe and encouraging environment

At New Silksworth Academy, we promote the participation of children in competitive and non-competitive sports and activities and develop a culture where PESSPA is highly valued by all stakeholders.

We ensure that ALL children participate in 1-2 hours of PE per week. KS1 and KS2 children can also access free afterschool clubs ran by trained and qualified sports coaches. We ensure that every child participates in a minimum of 30 minutes exercise every day in school.

In accordance with Extol Trust Equality Policy, we believe that every child, whatever their background or circumstances has the right to an outstanding education. All children have the opportunity to fully access our PE curriculum and extra-curricular activities. We aim to have 100% participation in sport and activities ran by external agencies. Additional clubs, during the school day, offer children more opportunities to grow and develop motor skills, abilities, social skills, health and self-esteem.

A carefully constructed curriculum map is used to establish stages of development and provide progression throughout the learner's time at New Silksworth Academy. In addition to this, it allows for the preparation for inter-school competitions. The curriculum is further broken down into areas of physical activity: Gymnastics, Dance, Games, Swimming, Athletics, Swimming and Outdoor & Adventurous Activities. The curriculum map is progressive and allows children to build on their prior learning from year to year as well as across the academic year.

It is the responsibility of the teacher to assess the progression of the learner throughout the year using the National Curriculum as a guide. In addition to this, teachers also use the school's internal document 'KPI's' to monitor attainment and progression. Teachers and Sports Coaches work collaboratively to ensure this working document helps inform future teaching and learning. Additionally, we use external subscriptions to support us with baseline assessments of children in EYFS. This allows us to target specific children for additional support in their physical development.

The delivery of PE in our school is monitored and evaluated in different ways;

- Planning is monitored by the PESSPA Lead and written feedback is provided, with the intention of celebrating strengths and highlighting areas that can be enhanced.

- Key Performance Indicators.
- Lesson observations.
- Pupil or staff questionnaires.
- Sports Premium spending report.

Health and Safety is an integral part of the learner's PE lessons throughout school. Children wear their PE kits whilst taking part in PE lessons. Children wear safe and sensible footwear. Children with long hair must have it tied back. Staff wear appropriate sports clothing for the session. Trainers or suitable footwear must be worn whenever physical learning takes, while dance and gymnastics should be done bare foot.

External coaches provide development opportunities as staff are encouraged to observe the sessions and learn from their expertise. Currently, NSA employ sports coaches through Sports Premium funding to support in our delivery of the PE curriculum. These sessions are used as staff CPD as teachers participate in these sessions and observe coaches in order to develop their skills.